

Sub- themes of the National Conference NASYACON 2015, Haridwar are

- 1. New Horizons in Ayurvedic Surgical Practises**
- 2. Musculoskeletal and Neurological disorders in technocrats**
- 3. Work culture and stress in youth**
- 4. Effect of urbanization in reproductive health**
- 5. Conceptual awareness of herbomineral drugs**
- 6. Ayugenomics**
- 7. Visual health challenges in youth**
- 8. Yoga for healthy heart**
- 9. Prevention is better than cure**

Guidelines for Scientific Session

The NASYA CON 2015 will be conducting an exclusive Scientific Conference to showcase the recent advances in research made in the field of Ayurveda specially in relation to the challenges faced by the youth and their Ayurvedic approach to prevention care and treatment. The event will comprise of Pre-Conference Workshops, Oral and Poster Presentations, invited Talks by experts and Panel discussions. The best papers and posters will be suitably rewarded.

Oral and Poster Abstracts

Renowned experts will review the abstracts submitted as per guidelines outlined below. The decisions of the Scientific Committee are final on all matters pertaining to the presentation and publication with regard to the Conference.

General Recommendations

- The title of the abstract should clearly indicate the subject of the research, the method and purpose of the study. If selected, it will also be the title of the presentation.
- The target group of the conference must be kept in mind; these include researchers, practitioners, planners, manufacturers, consumer groups and traders.
- To submit abstracts and papers, send email to nasyacon@gmail.com.
- All diagrams, pictures, tables and equations used in posters should be visible and readable.
- All submitted abstracts will be reviewed by the Scientific Committee. Authors will be notified of abstract acceptance by e-mail.

Format for Oral Presentations and Posters

All oral presentations will get 6-7 minutes followed by 2 minutes of discussion via a moderator. Outstanding submissions may be chosen for a longer presentation. Submissions should be structured under the headings – Purpose, Methods, Results & Conclusion. This is applicable to all abstracts whether it is basic or clinical research including literary research works. Research is a process of

asking a question and finding an answer by using a methodology to obtain findings. This process should be highlighted in the abstract.

During the Conference, space will be available for poster exhibition. Posters are graphic presentations of a scientific paper the guidelines for oral abstracts are also applicable to the poster abstracts.

Use the templates provided for oral paper and poster presentations on the website [www,nasya.in](http://www.nasya.in) or [facebook.com/nasyauttarakhand](https://www.facebook.com/nasyauttarakhand) page. The research paper presentations maybe made in powerpoint or pdf format.

The full Scientific Papers and poster should be submitted to nasyacon@gmail.com no later than 05 September 2015.

Full Paper/Poster submission guidelines

- Paper Length: Up to 8 pages, including figures, tables & references. At maximum, two additional pages may be permitted
- Paper Formatting: double column, single spaced, #10 point Times New Roman font.
- All papers should have abstracts written in the beginning in not more than 250 words.
- The length of each poster should be 3ft width and 4 ft height.

Publication of Abstracts

All selected abstracts of both oral presentations and posters of authors who have registered will be published in the Souvenir NASYACON 2015 on “Youth and Ayurveda” to be released on 26th Sept 2015 during the Inaugral Session of the Conference.